



Presented by Jodie Maddox  
Parent Coach and Education Consultant

# St. Elizabeth

## Strength Based Parenting

Join Us on Zoom at 6:30 pm  
Starting in November



## November

**14**

**Why Focus on Executive Functioning Skills Essential**

**16**

**Strength Based Parenting-Loving Your Unique Child**

**28**

**Loving Children Through Anxious Times**

**30**

**Setting Healthy Boundaries and Routines**

## December

**6**

**The Importance of Setting Healthy Digital Boundaries**

Jodie is a veteran educator with over 25 years of experience, and a proud mother of two. Her background is in special education and leadership. She was a principal at both the elementary and high school levels, and she specializes in strength based instruction and parenting. Currently she spends her time working with schools and parents to cultivate desired growth within their sphere of influence.

Each 60 minute session will focus on easy to learn information that will help parents tackle tough parenting decisions and issues. Clients should come prepared to learn and laugh together!

Zoom Link Will Be Emailed The Day of the Event

[www.jodiemaddoxicoach.com](http://www.jodiemaddoxicoach.com)

Have questions or interested in parent coaching? [jodiemaddoxicoach@gmail.com](mailto:jodiemaddoxicoach@gmail.com)